



Grow North 2016

A HELPING HAND TO GROW YOUR OWN...

- 8 monthly half day sessions covering 'getting going', sowing seeds, planting out, pests and diseases, caring for your crops, composting, fruit, harvesting and preserving
- Held at various venues across the Black Isle
- Starting February
- Hands on experience and guidance from experts
- Opportunities to meet and exchange tips and ideas with others
- Following the popular TBI Growing Guide
- Opportunity to seed swap



To register interest or to find out more please
email food@transitionblackisle.org